

## **Lord my God, lift my soul from this darkness**

29 January 1990, the Lord gives the prayer:

Lord my God,  
lift my soul from this darkness into Your Light,  
envelop my soul into Your Sacred Heart,  
feed my soul with Your Word,  
anoint my soul with Your Holy Name,  
make my soul ready to hear Your discourse,  
breathe Your sweet fragrance on my soul, reviving it,  
ravish my soul to delight Your Soul;  
Father, embellish me, Your child,  
by distilling Your pure myrrh upon me,  
You have taken me to Your Celestial Hall,  
where all the Elect are seated,  
You have shown me around to Your angels,  
ah, what more does my soul ask?  
Your Spirit has given me life  
and You, who are the Living Bread,  
have restored my life,  
You have offered me to drink Your Blood,  
to be able to share for eternity with You, Your Kingdom  
and live forever and ever;  
Glory be to the Highest!  
Glory be to the Holy of Holies,  
Praised be our Lord, Blessed be our Lord,  
for His Mercy and His Love  
reaches from age to age and forever will;  
amen;